## Saint Mary Catholic Community

#### **Pastoral Office Hours**

Monday—Thursday:

9:00 a.m. to 4:00 p.m.

Friday

9:00a.m. to 12:00 p.m.

#### Fr. Tim's Office Hours

Tuesday—Friday:

10:00 a.m.—2:00 p.m.

#### Office Address:

1700 Missoula Ave.

Helena, MT 59601

#### **Phone and Fax:**

**Ph:** 406-442-5268 | **F:** 406-449-0860

#### Website:

www.stmaryhelena.org

#### E-mail:

smcc@stmaryhelena.org

Flocknote (to receive news and

updates from us): Signup here

#### Livestream

https://www.youtube.com/channel/ UCQR7D-gy6Z3TmeXSQ5Sk45w/ featured

#### Click here to become a parishioner

**Adoration:** Tuesday following 12:10 p.m. Mass until 2:00 p.m.

#### Reconciliation

#### Wednesday:

4:00—5:00 p.m.

#### **Saturday:**

3:00—4:00 p.m.

#### **Mass Schedule**

#### **Saturday Vigil Mass:**

4:30 p.m.

#### **Sunday Masses:**

8:00 a.m. & 10:30 a.m.

#### **Weekday Masses**

Tues, Wed & Thurs 12:10 p.m.

#### **Friday Care Center Masses**

February 7– Mount Ascension February 14- Touchmark February 21– Cooney



**January 26, 2025 Third Sunday in Ordinary Time** 

"He unrolled the scroll and found the passage where it was written:

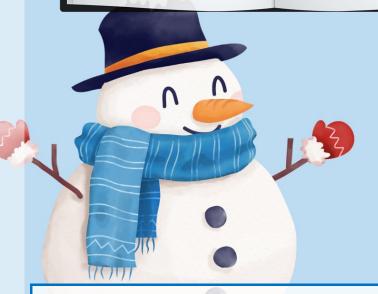
*The Spirit of the Lord is* upon me, because he has anointed me to bring glad tidings to the poor."

Luke 4:18

**February 2, 2025** The Presentation of the Lord

"For my eyes have seen your salvation, which you prepared in the sight of all the peoples: a light for revelation to the Gentiles, and glory for your people Israel."

**Luke 2:29** 





#### MISSION STATEMENT

The mission of Saint Mary Catholic Community is to live and proclaim the Gospel of Jesus Christ through worship, service and community, taking seriously Jesus' command to "Do This in Memory of Me."

#### **MASSES AT SAINT MARY**

## Sunday, January 26th—The Third Sunday in Ordinary Time

Nehemiah 8:2-4a, 5-6, 8-10; 1 Corinthians 12:12-30 or 12:12-14, 27; Luke 1:1-4, 4:14-21

8:00 AM Mass—for Doug Boyd rb: The Boyd Family

10:30 AM Mass—for the intentions of the people of the Parish

**Monday, January 27th—No Mass** *Hebrews 9:15, 24-28; Mark 3:22-30* 

Tuesday, January 28th—No Mass Hebrews 10:1-10; Mark 3:31-35

Wednesday, January 29th

Hebrews 10: 11-18; Mark 4:1-20
12:10 PM Mass— for the intentions of Tony Lunde family

rb: Rose Ann Bradley
4:00PM—5:00 PM Confessions

Thursday, January 30th
Hebrews 10:19-25; Mark 4:21-25
12:10 PM Mass—for Kevin Bergrb: Betty Lahn

Friday, January 31st
Hebrews 10:32-39; Mark 4:26-34
12:10 PM Mass—for Lenore Puhek—
rb: Betty Lahn

Saturday, February 1st

Hebrews 11:1-2,8-19; Mark 4:35-41
3:00 PM—4:00 PM Confessions
4:30 PM Vigil—for the intentions of Ann McCormick
rb: Betty Lahn

## Sunday, February 2nd—The Presentation of the Lord

Malachi 3:1-4; Hebrews 2:14-18; Luke 2:22-40 or 2:22-32
8:00 AM Mass—for Patrick Maloughney—
rb: Hal and Carolyn Nelson
10:30 AM Mass—for TA Kummer—
rb: Bill and Ann Marie Bushong

Monday, February 3rd—No Mass Hebrews 11:32-40; Mark 5:1-20

Tuesday February 4th Hebrews 12:1-4; Mark 5:21-43

12:10 PM Mass—for the deceased members of the Foot Family rb: Mike and Mary Foot

Wednesday, February 5th Hebrews 12:4-7, 11-15; Mark 6:1-6

12:10 PM Mass— for the intentions of the people of the Parish
4:00 PM—5:00 PM Confessions

Thursday, February 6th
Hebrews 12:18-19, 21-24; Mark 6:7-13
12:10 PM Mass

Friday, February 7th
Hebrews 13:1-8; Mark 6:14-29
10:30 Mass at Mount Ascension
for the intentions of the people at Mount Ascension

Saturday, February 8th
Hebrews 13:15-17, 20-21; Mark 6:30-34
3:00 PM—4:00 PM Confessions
4:30PM Mass





Prayer Ministry Sacrifice

As praying stewards: We celebrated with joy the birth of our Lord and Savior, Jesus Christ! We also revered his blessed mother, Mary, on the first of the new year. May your New Year be filled with all good blessings from our Lord.

As ministering stewards: We took a much-needed break from parish activities, yet still visited our parish families in care centers, the hospital and nursing homes. We also received many thank yous from the many service organizations for which we provided gifts: Child & Family Services, God's Love, Good Samaritan Ministries, and Florence Crittenton Family Services. All were most appreciative of our generosity to their families and clients.

#### As sacrificing stewards:

#### **Stewardship Gifts/Ordinary Income:**

Fiscal year 2024-25 Received: 7/1/24 – 12/31/24 \$260,199 Fiscal year 2024-25 Budget: 7/1/24 – 12/31/24 \$279,218 Difference: (Received – Budget): \$19,019

Maintenance & Repair Needs and Gifts (FY 2024-25 (7/1/24 - 12/31/24))

Church Sky Light Repair (Estimate): \$14,465
Church Furnace replacement: \$12,025
Font Repair: \$20,000
Regular Maintenance & Repair: \$18,720
Current Need: \$65,210
Maintenance & Repair Gifts Received: \$19,183
Difference: (Received – Need): -\$46,027

Praise God and Thank You for your prayers, your share in ministry, and your sacrificial giving!



## Parish Staff and Parish Councils at your service

Father Tim Moriarty
Phone ext. 106 ~ email: tmoriarty@stmaryhelena.org

Deacon Michael Seipp email: mseipp@stmaryhelena.org

Dawn Brannman ~ Faith Formation Director/Youth Minister Phone ext. 107 ~ email: dbrannman@stmaryhelena.org

Pastoral Care Director: VACANT

Lori Mleko ~ Elementary RE Coordinator
Phone ext. 102 ~ email: lorimleko@stmaryhelena.org

Joanna Haddon ~ Finance Director
Phone ext. 104 ~ email: jhaddon@stmaryhelena.org

Dr. Wendy Yuen ~ Director of Music and Liturgy Phone ext. 105 ~ email: wyuen@stmaryhelena.org

Brandon Bloom ~ Maintenance Director
Phone ext. 112 ~ email: bbloom@stmaryhelena.org

Keaton Pettis ~ Communications Coordinator Phone ext. 101 ~ email: kpettis@stmaryhelena.org

**Pastoral Council Members:** Starla Blank, Mike Blend, Jan Buyske, Ed Glowienka, John Larson, Mary Munger, Casey Molloy, Hal Nelson, and Jeff Tobin

**Finance Council Members:** Bruce Baumgart, Dave Brown, Jana Gruber, Julie Johnson, Jerry LaChere, Anna Miller, Lori Murphy-Moullet, and Maureen Stohl.

## Saint Mary Catholic Community Finance Council Update

Thank you for all you have contributed financially, ministerially, and in prayer during the first six months, July 1<sup>st</sup> to December 31<sup>st</sup>, of Saint Mary Catholic Community's fiscal year, which ends June 30, 2025. The focus of this update will be on the parish's finances to this point in time.

If you have been looking at the second page of the bulletin in the Stewardship section, you probably have noted Stewardship Gifts/Ordinary Income received has not been keeping up with the budgeted needs of the parish. These are your gifts received at Mass and provided by you through online giving and the automatic transfer of funds. As of December 31st, gifts received was less by \$19,019 when compared to the budgetary need. These figures also include Christmas contributions.

What comprises this deficit is giving is down from the previous fiscal year by \$10,482 through December 31<sup>st</sup>. Additionally, despite cuts in expenses in a number of areas, there was an overall increase in expenses, resulting in the need of one percent more in Stewardship Gifts/Ordinary Income over last fiscal year. These inflationary expense increases are throughout the parish budget in areas such as personnel, insurance, and services.

Although the parish has cash reserves to offset such deficiencies, it is the hope of the Finance Council by making you aware of the parish's current fiscal year financial position, along with your continued generosity, that using these reserves can be avoided.

Remember there are aids to help you to give to the parish financially through envelopes, online giving, and the automatic transfer of funds. So, avail yourself of what works best for you to help you to give as you intend, and call the parish office for assistance with any of these methods.

Also, in the Stewardship section of page two of the bulletin is Maintenance and Repair Needs and Gifts. This section identifies the maintenance needs of the parish, which includes the parish's regular maintenance and repair needs, along with major repairs as identified and not included in the parish budget for this fiscal year. The reason for showing this is to seek regular donations to Maintenance and Repair and extraordinary gifts for major repairs.

We have been blessed with some gifts for the Church Sky Light Repair in the worship area of the Church, but more would be appreciated. The work on this will take place during warmer weather, and after additional bids on the project have been solicited.

One of the furnaces for the Church building recently had to be replaced, and the work is completed; but if you would like to donate to this major repair, such generosity would be gratefully received.

A considerable amount of time has passed since we lost the use of our Baptismal Font. The Pastoral Council has been working with the Maintenance and Repair Crew to come up with a repair which will stylistically be consistent with our worship space. This proposal has been accepted and with it the cost of \$20,000, for which any contribution would be greatly accepted.

If you have a desire to contribute to one or more of the parish's maintenance and repair needs, you can do so by using a maintenance repair envelope or use an envelope marked maintenance and repair, and place it in the collection basket. Gifts can also be made online as well.

What each person contributes to Saint Mary Catholic Community financially, ministerially, and prayer is greatly appreciated, and, when guided by God, our parish needs will be met.

### From Father Tim

"(USA) On this anniversary (January 22, 2025) of the Supreme Court decision, Roe vs. Wade (1973), all dioceses of the United States shall observe "a day of prayer for the full restoration of the legal guarantee of the right to life and of penance for violation to the dignity of the human person through acts of abortion." (GIRM, no. 373).

As we know, the 1973 Roe vs. Wade decision was overturned by the Supreme Court in recent years. However, the battle for the sanctity and protection of human life continues on in our state and throughout our nation.

We have to remain diligent in prayer and in fasting and self-sacrifice to uphold the sanctity of life. Prayer, fasting, and self-sacrifice are fundamental to our faith, and in the fundamental establishment of our nation and her principles.

May we be fully aware of the beauty and wonder of the gift of human life from conception until natural death. May we be steadfast in our belief that all life is a gift from God to be treasured and protected at all times. And may we embrace the culture of life by seeing Christ in every person we encounter in our daily lives. All of us are created in the image and likeness of God, and it is God's will that we will be one day with him in paradise. Because with God is life, and life in abundance.

God bless all of you!

Fr. Tim

### **Pope's Intentions for January 2025**

For the right to an education

Let us pray for migrants, refugees, and those affected by war, that their right to an education, which is necessary to build a better world, might always be respected.

#### **Pastoral Care**

If you or a loved one are in the hospital and would like to receive the Most Holy Eucharist, please contact the parish office: (406) 442-5268.



### **Art and Environment**

You are invited to the launch of Fanning the Fire Ministry at Saint Mary Catholic Community

Mark your calendar ~ No RSVP needed

Sunday, February 23 @ 4:30 pm in the Social Center

Join us for a Family Friendly Complimentary Chili and Mac Dinner

## **Liturgical Life**

#### World Peace Prayer

Dr. Wendy Yuen

"First of all, then, I ask that supplications, prayers, petitions, and thanksgivings be offered for everyone, for kings and for all in authority, that we may lead a quiet and tranquil life in all devotion and dignity." (1 Timothy 2:1-2)

Marty Haugen (b. 1950), an American composer of liturgical music, has touched countless hearts with his hymns of hope and faith. Among his many works, *World Peace Prayer* stands out as a powerful call for global harmony, weaving themes of reconciliation, compassion, and shared humanity into a timeless song.

The refrain, "Lead us from death to life, from falsehood to truth," is drawn from the *Universal Prayer for Peace*. This prayer was first publicly used in July 1981 by Mother Teresa at St. James' Anglican Church in Piccadilly, London. These simple yet profound words serve as a bridge between diverse communities and traditions, uniting all who seek a world of justice and harmony. It is a prayer that resonates deeply with the Christian mission to be peacemakers.

The hymn's melody is anchored in a motif of four rising notes, evoking the sense of looking upward to God in prayer. This clever musical choice underscores the hymn's meditative and prayerful nature. The melody's simplicity allows congregations to join in song, while its gentle repetition fosters introspection and invites the listener into contemplation.

The refrain of *World Peace Prayer* is a plea for healing and transformation in a fractured and divided world. It calls for a journey from darkness to light, fear to trust, and hatred to love. Through its powerful contrasts—death to life, war to peace—it expresses a universal longing for reconciliation and unity. The invocation for peace to fill our hearts, the world, and the universe transforms the hymn into a vision for a future rooted in love and compassion.

In a world marked by conflict and division, *World Peace Prayer* serves as a reminder of our shared responsibility to work for peace. It unites hearts and voices in the pursuit of justice and reconciliation, encouraging us to embody Christ's message of love in both word and action.

As we sing this hymn, let each of our prayers contribute to a ripple effect of love and healing, drawing the world closer to God's vision for humanity. Together, may we strive to build a better, more peaceful world.



## Faith Formation

## A Journey for Life



## First Communion Class Sunday February 9th

Class will be held from 9:15 am to 10:15 am in the Social Center. At least one parent needs to attend the class with their child.

Contact Lori or Dawn for more information!

"A little bit of mercy makes the world less cold and more just."

~ Pope Francis

## Level 1 Training for Catechesis of the Good Shepherd at St. Mary's

#### **Schedule**

**Part A** - September 26-28, 2025; October 24-26, 2025; March 27-29, 2026; April 24, 2026

**Part B -** April 25 - 26, 2026; June 4 - 6 & June 8 - 9, 2026

#### Cost

\$600 - Tuition

\$100 **non-refundable**, **non-transferable** deposit due at the time of registration.

Click **HERE** to register:

Contact Dawn for more information!

#### **Thursday Movie Group**

All are invited to join our Thursday

Movie group! We will watch a movie,
followed by a discussion.

Our next movie beginning January 30th is

#### The Scarlet and the Black

The True Story of Monsignor Hugh O'Flaherty, Hero of the Vatican Underground

We will meet in the Social Center between 1:00 pm and 2:30 pm.

Call Dawn for more information!

# Important Dates for Youth Group

January 29th: Youth Group from 6:30 pm to 7:30 pm

February 5th: Youth Group from 6:30 pm to 7:30 pm



#### **Confirmation Preparation**

Candidates for Confirmation and their Sponsors will meet on Sunday, February 2nd from 9:15 am to 10:15 am in the Social Center! Call Dawn at the Parish Office for more information!!!!

## Legendary Lodge Scholarship fund!

If you would like to donate to the Legendary Lodge
Scholarship fund, please contact
Dawn. Every year, 25-30 youth from our parish attend
Legendary Lodge Camps and many of them are only able to do that because of the financial assistance we are able to provide.

Thank you so much for the generosity you always bestow!





### Registration for Legendary Lodge is open!

Legendary Lodge is an amazing and life changing experience for youth entering 5th grade through high school. Camps fill up quickly, so check here to find our more information and to register!

We want to support all of our youth who want to attend Legendary Lodge! If your family needs financial assistance, please contact Dawn in the Parish Office.

# SAINT FRANCIS PEACE THROUGH JUSTICE MINISTRY

Honoring Rev. Martin Luther King, Jr. and Black History Month

St. Francis Peace Through Justice Ministry

## A Prayer of Faith and Hope\*

In times of fear amid rumors of war,
We pray that one day
Justice will roll down like water,
And righteousness like a mighty stream.
We pray that all our elected officials will



Martin Luther King, Jr

Do justice and love mercy
And walk humbly with their God.
We pray that one day war will come to an end,
That men will beat their swords into plowshares
And their spears into pruning hooks,
That nations will no longer rise up against nations,
Neither will they study war any more.
We pray that one day the lamb and the lion will lie down together
And everyone will sit under their own vine and fig tree
And none shall be afraid.

And everyone will sit under their own vine and fig tree
And none shall be afraid.

We pray that one day every valley shall be exalted
And every mountain and hill will be made low,
The rough places will be made smooth
And the crooked places straight,
And the glory of the Lord shall be revealed,
And all flesh shall see it together.
We pray that with this faith
We will be able to adjourn the councils of despair
And bring new light into the dark chambers of pessimism.
We pray that with this faith
We will be able to speed up the day
When there will be peace on earth and good will toward all.
We pray for that glorious day,
When the morning stars will sing together,
And the children of God will shout for joy.

\*Based on Martin Luther King, Jr.'s reflections on Amos 5:24 and Micah 6:8

Amen.

https://educationforjustice.org/resource/prayer-faith-and-hope-time-fear/

Used with permission

The Ignatian Solidarity Network (ISN) is a national social justice education and advocacy organization inspired by the spirituality of St. Ignatius of Loyola. ISN works in partnership with Jesuit universities, high schools, and parishes, along with other Catholic institutions. "Education For Justice" is an outreach project of ISN.

# SAINT MARY CARE FOR CREATION MINISTRY

The *Tenth Anniversary of Pope Francis' Encyclical, Laudato Si' – On Care for the Common Home* (May 2015) will be celebrated this year. Scripture is powerfully woven into the document and sets the stage for how humanity <u>must</u> see the world and all of life as a gift from God. This encyclical, a public letter from the pope, "focuses on care for the natural environment and all people, as well as broader questions of the relationship between God, humans, and the Earth." (LSi'Movement)

On the Tenth anniversary year, it is good to remember the *Top Ten Takeaways from Laudato Si'* as shared by James Martin S.J. The link below will take you to a deeper discussion of the ten takeaways and also a four-minute video summarizing these thoughts.

- 1. The spiritual perspective is now part of the discussion on the environment.
- 2. The poor are disproportionately affected by climate change.
- 3. Less is more.
- 4. Catholic social teaching now includes teaching on the environment.
- 5. Discussions about ecology can be grounded in the Bible and church tradition.
- 6. Everything is connected—including the economy.
- 7. Scientific research on the environment is to be praised and used.
- 8. Widespread indifference and selfishness worsen environmental problems.
- 9. Global dialogue and solidarity are needed.
- 10. A change of heart is required.

In November of 2024 at the United States Conference of Catholic Bishops (USCCB) annual assembly, the bishops had a 36-minute session focusing on the tenth anniversary of Laudato Si', a topic that had not been officially discussed since the encyclical was written in 2015. Our **Catholic bishops** have been mostly silent on the issue of care for our common home and the interconnectedness of creation for the last ten years. Several bishops have embraced the teachings of Laudato Si' and have created a culture of care for all of God's creation in their diocese. The silence is broken. Bishop Vetter returned and gave a Thanksgiving homily focused on care for creation and, hopefully, will take steps to build awareness throughout our diocese. Discussions surfaced on actions that U.S. Catholics could take that would honor the heart of Laudato Si'. The following two actions were proposed, but due to time constraints were not voted on. These actions are available to us now and can easily become a part of our lives.



- 1. **Spend time in nature on Sundays.** "Not to do something, but to experience something the mystery of God's presence in the sacraments and in creation," Archbishop Gudziak stated.
- 2. A return of *year-round meatless Fridays* for the good of the soul and the planet.

Laudato Si'

#### A weekly tip on Caring for Our Common Home

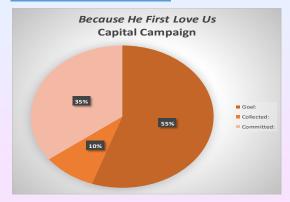
Practice observing and appreciating, the beauty in all aspects of creation that surround you. "If someone has not learned to stop and admire something beautiful, we should not be surprised if he or she treats everything as an object to be used and abused without scruple." (Laudato Si' 215)

Lord, as we celebrate the Tenth Anniversary Year of Laudato Si' let us cherish your beautiful creation.

Article Complied/written by Saint Mary Care for Creation Ministry

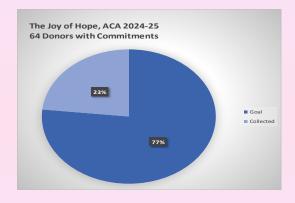
https://www.americamagazine.org/faith/2015/06/18/top-ten-takeaways-laudato-si

Goal:	\$837,378.00
Collected:	\$142,241.00
Committed:	\$532,611.00





Goal	\$89,600.00
Collected	\$27,260.00



Goal	\$89,600.00
Collected	\$27,260.00



#### **Parish Support**

Easing the load on our Parishes with Human Resource Services, Catholic Communications and Safe Environment Training.

#### Catholic Social Teaching Theme #2

#### Call to Family, Community, and Participation

"How we organize our society - in economics and politics, in law and policy - directly affects human dignity and the capacity of individuals to grow in community...We believe people have a right and a duty to participate in society, seeking together the common good and well-being of all, especially the poor and vulnerable."

United States Catholic Conference of Bishops

## Matt Brower, Executive Director Montana Catholic Conference

Tuesday February 4, 6:30 pm Social Center

The Montana State Legislature is in session in our community. Find out how you can "participate in society" and in the legislative process to "seek the common good."

Sponsored by the Saint Francis Peace Through Justice Ministry

**Father Rocky**, CEO of Relevant Radio, will be the honored guest speaker for our 20<sup>th</sup> anniversary KNEH fundraiser banquet on Thursday, April 3<sup>rd</sup> at Carroll College. Tickets online <a href="https://www.kneh.org">www.kneh.org</a> or call 406-410-0968. Reserve a table for 8 and get a 10% discount. Join KNEH celebrating 20 years!

Did you know that we have Catholic Relevant Radio in Montana? In Helena you can listen to KNEH at 97.3FM.

You can also listen on the My Parish app by clicking on the microphone icon or on our website at <a href="https://www.kneh.org">www.kneh.org</a>.

KNEH is celebrating 20 years as an affiliate of Relevant Radio this year.

Parishioners, please consider supporting our local private Catholic School, St. Andrew's, Saturday and Sunday, February 15<sup>th</sup> and 16<sup>th</sup>. Alissa Voeller will be selling raffle tickets after each Mass; tickets will be drawn on March 8th during St. Andrew's annual auction. The winner does not have to be present to win. Raffle tickets are just \$10 each. The first place winner will receive 20% of all proceeds up to \$20,000; second place wins \$2,000 in cash, and third place a \$1,000 gas card. Substantial prizes for just a \$10 ticket! Cash or check will be accepted! Thank you for all your support!



#### FOR THE DIOCESE OF HELENA

2024-2025

Dcn. Dillon Armstrong Carter Anderson

> Shae Bills Matt Keck

John Cooney Anthony Olmes

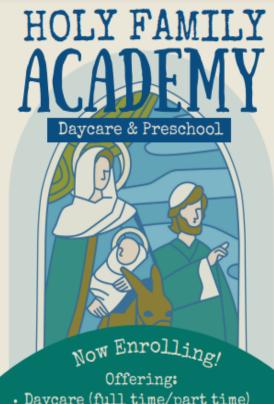
Riley Helgoe **James Semling** 

Carson Gorton Kaleb Mitchell

Jake Smith **Brett Rotz** 

Jamie Severson

-Please Continue to pray for our Seminarians-



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To ensure a safe environment, parents must accompany children to and from the rest rooms at all times. Thank you.

#### Mark Your Calendars!

- Sunday January 26th: 8:00 am Mass; 10:30 am Mass; 10:30 am Children's Liturgy of the Word
- Monday January 27th: No Mass; 9:45 am Prayer Group; 1:00 pm- 2:00 pm Grief Group; 5:30 pm OCIA
- Tuesday January 28th: No Mass; No Adoration; 6:45 am Men's Prayer Group
- Wednesday January 29th: 12:10 pm Mass; 3:45 pm RE; 4:00 pm- 5:00 pm Confessions; 6:00 pm- 7:30 pm Youth
- Thursday January 30th: 12:10 pm Mass; 5:00 pm Choir
- Friday January 31st: 12:10 pm Mass
- Saturday February 1st: 3:00 pm 4:00 pm Confessions; 4:30 pm Mass; Hospitality Weekend
- Sunday February 2nd: 8:00 am Mass; 10:30 am Mass; 9:15am-10:15 am Confirmation with Sponsors; 10:30 am Children's Liturgy of the Word; Hospitality weekend; Happy Groundhog Day!
- Monday February 3rd: No Mass; 6:45 am Prayer Group; 1:00 pm Grief Group; 5:30 pm OCIA
- Tuesday February 4th: 12:10 pm Mass followed by Adoration; 6:45 am Men's Prayer Group
- Wednesday February 5th: 12:10 pm Mass; 3:45 pm RE; 4:00 pm-5:00 pm Confessions; 6:30 pm Youth Group
- **Thursday February 6th:** 12:10 pm Mass; 10:00 am- 3:00 pm Quilters; 5:30 Choir
- Friday February 7th: 10:30 am Mass at Mount Ascension
- Saturday February 8th: 3:00 pm-4:00 pm Confessions; 4:30 pm Mass

## Change for Life



As you leave today, please pick up a baby bottle. These bottles are a fundraiser for Options Clinic, our local pregnancy medical clinic offering life-affirming services to those facing an unintended pregnancy.

#### With the help of your generosity, we are offering...



FREE clinical grade pregnancy tests



FREE options education



FREE KidSmart parenting classes FREE supplies for new parents

FREE early ultrasound



Low-Cost STD testing & treatment



Free/Low-Cost well-woman care



Free after-abortion recovery

Please return bottles to church in 3 weeks.







Together, we are Offering Hope & Building Families.

Options Clinic is a 501(C)3. For more information, visit OptionsHelena.org or call 406.422.1011. Thank you. Your generosity truly makes a difference!





Robert Kolar Your Local Resource 449-GOLD (4653) for all Fine Jewelry

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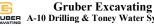


#### **Adoption Services Mental Health Education Baby Boutiques**

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> www.gruberexcavating.com www.A10drilling.com



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442-5420

## KNIGHTS OF COLUMBUS **COUNCIL 844** Meetings - 6:30 P.M. 2nd Thursuay Each Month



We Pray for all those serving in the Military Natasha Walker Marcus Peter Andrew Welch Ed Eve. Jr Jack Cotter David Beatty Jackson Haddon Stephen Ceo

Lucas Robson

Nathan Mill Christopher Casne Tyler Eierdam Colby Smith Cody Gleich Andrew McGuffey Nicholas T Nelson Tristan Anne Driessen Daniel Mattingly

550 North Montana Avenue

Email: frontcare@mteyecare.com

Website: www.mteyecare.com

Helena, MT 59601

Office 443-2121

Fax 443-4163

By the grace of God may peace reside in every human heart and in all the world. If you would like to add or remove a name, please call the Parish Office on 406-442-5268.

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#### The Helena We Adore Him Team invites you to spend a

Holy Hour with Jesus each week! Here's how:

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- Choose the hours you would like to pray at Trinity Chapel on the Carroll College campus from 5AM to
- 3. Make changes or find a substitute at the same website.
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- Our counselors are Catholic and welcome faith as a part of any counseling session, although it does not have to be. They have experience with clients from many different backgrounds, cultures, and ages. We are here for everyone.
- We specialize in many areas, including grief, trauma, anxiety, depression, relationship/marriage, and perinatal concerns.
- You can meet with us from your computer, tablet, or cell phone from anywhere in Montana. If you're in Helena or Billings, you can meet in-person with a counselor.
- We want to be a good match, so the first session is free. If you choose to continue, we accept insurance, Medicaid, Medicare, and private pay, with a sliding fee scale and other discounts available

To get started, call (406)442-4130 and select option '2' or send us a message at www.cssmt.org.