

# Saint Mary Catholic Community

## Pastoral Office Hours

Monday—Thursday:

9:00 a.m. to 4:00 p.m.

Friday

9:00 a.m. to 12:00 p.m.

## Fr. Tim's Office Hours

Tuesday—Friday:

10:00 a.m.—2:00 p.m.

## Office Address:

1700 Missoula Ave.

Helena, MT 59601

## Phone and Fax:

Ph: 406-442-5268 | F: 406-449-0860

## Website:

[www.stmaryhelena.org](http://www.stmaryhelena.org)

## E-mail:

[smcc@stmaryhelena.org](mailto:smcc@stmaryhelena.org)

**Flocknote** (to receive news and updates from us): [Signup here](#)

## Livestream

<https://www.youtube.com/channel/UCQR7D-gy6Z3TmeXSQ5Sk45w/featured>

[Click here to become a parishioner](#)

**Adoration:** Tuesday following  
12:10 p.m. Mass until 2:00 p.m.

## Reconciliation

### Wednesday:

4:00—5:00 p.m.

### Saturday:

3:00—4:00 p.m.

## Mass Schedule

### Saturday Vigil Mass:

4:30 p.m.

### Sunday Masses:

8:00 a.m. & 10:30 a.m.

### Weekday Masses

Tues, Wed & Thurs 12:10 p.m.

### Friday Care Center Masses

March 14— Touchmark

March 21— Cooney

April 4— Mount Ascension

April 11— Touchmark

**March 9, 2025**

**First Sunday of  
Lent**

“It is written  
You shall worship the  
Lord, your God, and him  
alone shall you serve.”

**Luke 4:8**

**March 16, 2025**

**Second Sunday of  
Lent**

“Then from the cloud came  
a voice that said,  
“This is my chosen Son;  
listen to him.””

**Luke 9:35**



## MISSION STATEMENT

The mission of Saint Mary Catholic Community is to live and proclaim the Gospel of Jesus Christ through worship, service and community, taking seriously Jesus' command to “Do This in Memory of Me.”

# MASSES AT SAINT MARY

## Sunday, March 9th—The First Sunday of Lent

Deuteronomy 26:4-10; Romans 10:8-13; Luke 4:1-13

8:00 AM Mass— for Geoffrey Birnbaum✝

10:30 AM Mass—for the intentions of the people of the Parish

### Monday, March 10th—No Mass

Leviticus 19:1-2, 11-18; Matthew 25:31-46

### Tuesday, March 11th

Isaiah 55:10-11; Matthew 6:7-15

12:10 PM Mass

### Wednesday, March 12th

Jonah 3:1-10; Luke 11:29-32

11:00 AM Funeral Mass for Carol Anderson

4:00PM—5:00 PM Confessions

### Thursday, March 13th

Esther C:12, 14-16, 23-25; Matthew 7:7-12

12:10 PM Mass

### Friday, March 14th

Ezekiel 18:21-28; Matthew 5:20-26

11:00 AM Mass at Touchmark

for Pat Heaton✝

rb: Rita Krushensky

### Saturday, March 15th

Deuteronomy 26:16-19; Matthew 5:43-48

3:00 PM—4:00 PM Confessions

4:30 PM Vigil

## Sunday, March 16th—The Second Sunday of Lent

Genesis 15:5-12, 17-18; Philippians 3:17-4:1 or 3:20-4:1;

Luke 9:28b-36

8:00 AM Mass

10:30 AM Mass

### Monday, March 17th—No Mass

Daniel 9:4b-10; Luke 6:36-38

### Tuesday March 18th

Isaiah 1:10, 16-20; Matthew 23:1-12

12:10 PM Mass—for the intentions of Betty Lahn

rb: Ann McCormick

### Wednesday, March 19th

2 Samuel 7:4-5a, 12-14a, 16; Romans 4:13, 16-18, 22; Matthew

1:16, 18-21, 24a or Luke 2:41-51a

12:10 PM Mass

4:00 PM—5:00 PM Confessions

### Thursday, March 20th

Jeremiah 17:5-10; Luke 16:19-31

12:10 PM Mass

### Friday, March 21st

Genesis 37:3-4, 12-13a, 17b-28a; Matthew 21:33-43, 45-46

10:30 Mass at Cooney

for the intentions of the people at Cooney

### Saturday, March 22nd

Micha 7:14-15, 18-20; Luke 15:1-3, 11-32

3:00 PM—4:00 PM Confessions

4:30PM Mass— for Gary Fuson✝

rb: Bill and Charlotte Fleiner



Prayer  
Ministry  
Sacrifice

**As praying stewards:** We gathered in the Gathering Space, as part of our journey of diversity, to celebrate a blessing for St. Teresa of Calcutta. We also gathered as community to celebrate Ash Wednesday and begin our individual and joint journey into Lent. May our journey be prayerful, fruitful and life-giving.

**As ministering stewards:** We met to discuss the Jubilee Year of Prayer for discussion on Pope Francis' Bull of Induction, *Spec Non Confundit* ("Hope does not Disappoint"); we gathered to launch *Fanning the Fire*, a new ministry to help embrace the heritage and future in faith of Saint Mary Catholic Community; and we're offering the opportunity to join others in faith for the 40 Days for Life Spring Campaign, March 5 – April 13.

#### As sacrificing stewards:

##### Stewardship Gifts/Ordinary Income:

Fiscal year 2024-25 Received:	7/1/24 – 2/28/25	\$368,236
Fiscal year 2024-25 Budget:	7/1/24 – 2/28/25	\$369,565
<b>Difference: (Received – Budget):</b>		<b>(\$ 1,329)</b>

##### Maintenance & Repair Needs and Gifts (FY 2024-25 (7/1/24 – 2/28/25))

Church Sky Light Repair (Estimate):	\$14,465
Church Furnace Replacement:	\$12,025
Font Repair:	\$20,000*
Regular Maintenance & Repair:	\$18,720
<b>Difference: (Received – Need):</b>	<b>(\$25,883)</b>

\*\$15,844 has been raised to date towards the repair of the Baptismal font. Thank you for your generosity!!

Praise God and Thank You for your prayers, your share in ministry, and your sacrificial giving!



## Parish Staff and Parish Councils at your service

Father Tim Moriarty

Phone ext. 106 ~ email: [tmoriarty@stmaryhelena.org](mailto:tmoriarty@stmaryhelena.org)

Deacon Michael Seipp

email: [mseipp@stmaryhelena.org](mailto:mseipp@stmaryhelena.org)

Dawn Brannman ~ Faith Formation Director/Youth Minister

Phone ext. 107 ~ email: [dbrannman@stmaryhelena.org](mailto:dbrannman@stmaryhelena.org)

Pastoral Care Director: VACANT

Lori Mleko ~ Elementary RE Coordinator

Phone ext. 102 ~ email: [lorimleko@stmaryhelena.org](mailto:lorimleko@stmaryhelena.org)

Joanna Haddon ~ Finance Director

Phone ext. 104 ~ email: [jhaddon@stmaryhelena.org](mailto:jhaddon@stmaryhelena.org)

Dr. Wendy Yuen ~ Director of Music and Liturgy

Phone ext. 105 ~ email: [wuyen@stmaryhelena.org](mailto:wuyen@stmaryhelena.org)

Brandon Bloom ~ Maintenance Director

Phone ext. 112 ~ email: [bbloom@stmaryhelena.org](mailto:bbloom@stmaryhelena.org)

Keaton Pettis ~ Communications Coordinator

Phone ext. 101 ~ email: [kpettis@stmaryhelena.org](mailto:kpettis@stmaryhelena.org)

**Pastoral Council Members:** Starla Blank, Mike Blend, Jan Buyske, Ed Glowienka, John Larson, Mary Munger, Casey Molloy, Hal Nelson, Jeff Tobin, Tyson Schulte, and Merelee Clonger

**Finance Council Members:** Bruce Baumgart, Dave Brown, Jana Gruber, Julie Johnson, Jerry LaChere, Anna Miller, Lori Murphy-Moulet, and Maureen Stohl.



## Decree on Designating Sacred Places for the Jubilee Indulgence

To the faithful of the Diocese of Helena:

Greetings to you this Jubilee Year of Hope! Last May, our Holy Father Pope Francis released the Bull of Indiction *Spes non confundit* ("Hope does not disappoint") announcing this Jubilee Year 2025. A Jubilee Year is a significant time in the life of the Church marked by pilgrimages, processions, and a special invitation to the Sacrament of Penance. In it, we are called to receive God's mercy by participating in the Corporal and Spiritual Works of Mercy and, in a special way, through the practice of the Jubilee Indulgence. In response to this, and in accordance with the directives of the Holy See, I, Austin Anthony Vetter, Bishop of Helena, hereby designate the following sacred places within the Diocese of Helena as places where the faithful may obtain the Jubilee Indulgence:

- ❖ Cathedral of St. Helena, Helena
- ❖ St. Teresa of the Little Flower Church, Browning
- ❖ St. Joseph Church, Libby
- ❖ St. Ignatius Mission Church, St. Ignatius
- ❖ St. Rose of Lima Church, Dillon
- ❖ Holy Rosary Church, Bozeman
- ❖ All Saints Chapel, Carroll College, Helena

These sacred places have been chosen to reflect the spiritual significance of pilgrimage and to foster deeper conversion among the people of God. The visit is not merely an outward action but a reflection of the soul's pilgrimage toward God. In making a pilgrimage or pious visit to these sacred places, the faithful may gain the Plenary Indulgence by fulfilling the following conditions:

- Participation in the Holy Sacrifice of the Mass (or another service such as the Liturgy of the Hours, the Way of the Cross, or the Rosary) and Reception of Holy Communion (at least within 7 days before or after the visit)
- Prayer for the intentions of our Holy Father Pope Francis
- A sincere detachment from sin, including making a Sacramental Confession (at least within 7 days before or after the visit)

*Those who cannot participate in a pilgrimage or pious visit for a serious reason may obtain the Jubilee Indulgence by being truly repentant, reciting the Lord's Prayer, Nicene Creed, and prayers for the Jubilee Year, offering up their sufferings. Furthermore, the faithful may obtain the indulgence by participating seriously in the Corporal and Spiritual Works of Mercy as if making pilgrimage to Christ present in those served, especially to share hope.*

Despite the rule that only one plenary indulgence can be obtained per day, the faithful who have carried out an act of charity on behalf of the souls in Purgatory, if they receive Holy Communion a second time that day at a Eucharistic Celebration, can obtain the plenary indulgence twice on that same day, applicable only to the deceased.

The period for obtaining the Jubilee Indulgence coincides with the Jubilee Year, as outlined by the Holy See, beginning December 29, 2024, and ending on December 28, 2025.

Given at the Center for Catholic Life in Helena, Montana, on this 4<sup>th</sup> day of February, in the Year of Our Lord two-thousand twenty-five.

Most Rev. Austin A. Vetter  
Bishop of Helena

  
Ecclesiastical Notary

## *From Father Tim*

“Even now, says the Lord, return to me with your whole heart, with fasting, weeping and mourning... For gracious and merciful is he, slow to anger, rich in kindness and relenting in punishment.”

These are the words of the Prophet Joel, as he is warning the people of Judah to turn back to the Lord with all of their hearts. The people are in a lukewarm state, and there is a major drought taking place around 500 B.C. The prophet knew that this drought– and potential devastation– is the work of the Lord. He tells the people to gather together in prayer and fasting to the Lord, to rend their hearts, not their garments, and to plead for the Lord’s mercy. Shortly thereafter, the rains returned and a bountiful harvest took place.

This is the day that the Lord has made; let us rejoice and be glad! As we begin this Lenten season, always remember that there is nothing more powerful than the love and mercy of God. No matter how far we have been from the Lord, regardless of what our story is (and we all have a story), may we return to the Lord with all of our hearts during this holy season. There is more joy in heaven over one repentant sinner than the 99 who have no need of repentance!

We need to respond and act. God’s love and grace is there for us, but we have to respond to the grace of God through repentance. We need to cooperate with the grace of God and surrender to the Lord’s will in our lives. The time of mercy is now! There is no better time than the present moment, because the Lord lives in the eternal now. As it says in 2<sup>nd</sup> Corinthians, “Behold, now is a very acceptable time; behold, now is the day of salvation.” May we trust in the Lord’s love and mercy, follow His will for us, and be at peace, so that we can bring Christ’s peace to the world!

“Take care not to perform righteous deeds in order that people may see them; otherwise, you will have no recompense from your heavenly Father.” These are the words from the Gospel of Matthew, as the Lord tells us that conversion is not about outside appearances, but from our hearts. We know in our hearts that when we are distant from the Lord, we are not living up to the Lord’s commands, and we are not being the people of love that the Lord calls us to be.

And we know in our hearts that we **HAVE** to turn back to the Lord, that we want to turn back to the Lord; because His love and mercy endure forever. We are never truly happy until we do the will of God in our lives.

The Lord knows each of us far better than we know ourselves. He knows our capacity to love, to forgive, to reach out to those in need, to see the face of Christ in others, as well as in ourselves. And the Lord also knows that we cannot reach our potential to love if we do not rely on Him; because Jesus Christ is love incarnate, and **LOVE NEVER FAILS!**

This Ash Wednesday was a new beginning for all of us. Our pasts are just that– our pasts! May we return to the Lord with all of our hearts; be reconciled with God and one another– and be the great disciples of love that the Lord calls us to be. We ask this through Christ our Lord, Amen.

**God bless all of you!**

*Fr. Tim*

### **Pope’s Intentions for March 2025**

**For families in crisis**

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.





I have loved you with an everlasting love!  
Jeremiah 31:3

# Faith Formation

## A Journey for Life

### Jubilee Year Prayer and Discussion

Tuesday, March 11th

6:30 PM to 8:00 PM in the Social Center

All are invited to an evening of prayer and discussion as we continue to celebrate this Jubilee year. Our focus will be *Spes non Confundit*, the letter that Pope Francis wrote announcing the Jubilee Year.

Pope Francis opens his letter with the words *Spes non Confundit* which means "Hope does not disappoint." He expresses his desire that the Jubilee might be "an opportunity for us to be renewed in hope."

We will share a summary of the letter on March 11th, however if you interested, you can find the full text [HERE](#).

Please contact Dawn at the Parish Office if you have any questions!

### You're Invited: Managing Stress in Daily Life

Feeling overwhelmed? Join us for an insightful presentation on **Monday, March 24th, from 6:30 PM to 8:00 PM in the Social Center** as **Joe Moriarty** shares practical strategies for dealing with stress.

With **35 years of experience in public education**, a strong background in **wellness**, and certification as a **public speaker**, Joe brings valuable insights to help you navigate life's challenges with greater peace and resilience.

Don't miss this opportunity to gain useful tools for stress management!

**All are welcome!**

Contact Dawn for more information.

### Thursday Movie Group

**All are invited** to join our Thursday Movie group! We will watch a movie, followed by a discussion.

We will finish *THE WAY* on Thursday, March 13th and begin *THE LETTERS* on Thursday, March 20th.

*THE LETTERS* is a movie about St. Teresa of Calcutta!

**We will meet in the social center between 1:00 PM and 2:30 PM.**

Call Dawn for more information!

**Pope Francis has asked us during Lent and this Jubilee year to reflect on this question:**



*"Am I really on a journey, or am I standing still, not moving, either immobilized by fear and hopelessness or reluctant to move out of my comfort zone?"*

# Important Dates for Youth Group

**March 12th: MS and HS Youth Groups will meet from 6:30 PM to 7:30 PM**

**March 19th: Flying Giant Event from 6:00 PM to 8:00 PM. No Cost and Pizza provided!**

## Confirmation Preparation



**Candidates for Confirmation and their Sponsors will meet on Sunday, March 16th from 9:15 AM to 10:15 AM in the Social Center! Call Dawn at the Parish Office for more information!!!!**

## Legendary Lodge Scholarship fund!

If you would like to donate to the Legendary Lodge Scholarship fund, please contact Dawn! Every year, 25-30 youth from our parish attend Legendary Lodge Camps and many of them are only able to do that because of the financial assistance we are able to provide.



Thank you so much for the generosity you always bestow!

## CATCH SOME AIR WITH CARROLL COLLEGE

Come soar with friends, then hang out and have your questions answered by the Carroll College Admission team and the Campus Ministry crew.

Over pizza and drinks, Fr. Tyler Frohlich will be sharing some thoughts on the adventure of life

**March 19th from 6:00 PM to 8:00 PM**

## Carroll College Parish Scholarship

\$1,000 scholarship, that requires the recipient be a student planning to attend Carroll for the first time in the Fall of 2025.

A student must be full-time to maintain this scholarship.

Interested students are instructed to reach out to Dawn and request a recommendation letter by **March 15th**.

# EUCCHARISTIC CONGRESS

IN A JUBILEE YEAR OF HOPE

**MARCH 21-23, 2025**  
CARROLL COLLEGE, HELENA

— FEATURING —

Charles Camosey | Hannah Hemphill | Jimmy Mitchell |  
Sr. Anne Catherine Burleigh, OP | Sr. Marianna Thayer, OP

AN ALL-AGES EVENT  
IN CONJUNCTION WITH THE  
CYC CONVENTION

REGISTER NOW:

[DIOCESEHELENA.ORG/  
EUCCHARISTICCONGRESS](https://DIOCESEHELENA.ORG/EUCCHARISTICCONGRESS)



LEARN MORE



# Liturgical Life

## *In These Days of Lenten Journey*

Dr. Wendy Yuen

Lent is a season of reflection, and renewal. It is a time to realign our hearts with God's call to love and serve. One hymn that beautifully encapsulates the essence of this sacred journey is *In These Days of Lenten Journey*, composed by Ricky Manalo, CSP. Manalo invites us to walk the Lenten path with eyes open to the needs of the world and hearts ready to respond.

I attended the blessing of a place to celebrate diversity yesterday, where we honored Saint Teresa of Calcutta. Her inspiring service to the most vulnerable reflected her deep, and loving relationship with Jesus. Learning more about her life moved and encouraged everyone present to reach out to those around us in service. This experience deepened my understanding of Lent as a call to action, much like the message of this hymn.

The hymn starts with the refrain which reminds us that as we progress through Lent, we are called to witness and respond to God's call for justice. The journey is not just about personal sacrifice but about sowing justice in the lives of those we serve. This powerful message challenges us to move beyond passive reflection and into active discipleship.

Each verse of the hymn highlights a different aspect of Christian service, echoing the works done by Saint Teresa of Calcutta:

- **Verse 1** calls us to care for the homeless, providing them not only with shelter and warmth but also with dignity and peace. It speaks of extending mercy to those in need, embodying the love of Christ in tangible ways.
- **Verse 2** shifts the focus to the hungry, encouraging us to see the face of Christ in those who lack food. It reminds us that by nourishing others, both physically and spiritually, we participate in renewing their faith in God's providence.
- **Verse 3** urges us to listen to the cries of the weary and the poor. It challenges us to move beyond indifference and respond with compassion, bringing hope to those burdened by despair.
- **Verse 4** invokes the spirit of justice, calling upon God's righteousness to free the oppressed and break the chains of distress. It is a prayer and commitment to work toward justice, ensuring the dignity and freedom of all people.

Manalo employs the Dorian mode in the melody of *In These Days of Lenten Journey*, creating an archaic atmosphere. This simplicity, combined with the profound text, draws us into a deeper contemplation of Lent's true meaning.

Manalo's *In These Days of Lenten Journey* is more than just a song; it is a spiritual roadmap for Lent. It challenges us to see, hear, and respond to the suffering around us with hearts full of mercy and hands ready to serve. As we sing this hymn, we are reminded that Lent is not only a time of personal conversion but also a call to bring God's justice and compassion into the world.

Let us walk in Christ's footsteps, embrace the true meaning of Lent—a journey of love, service, and transformation.



# Pastoral Care



- ◇ If you or a loved one are in the hospital and would like to receive the Most Holy Eucharist, please contact the parish office: (406) 442-5268.

## 2025 Lenten Schedule



### Friday March 7th

- 5:30 pm Stations of the Cross
- 6:00 pm Soup and Bread

### Tuesday March 11th

- 6:30 pm Jubilee Night of Prayer

### Friday March 14th

- 5:00 pm Knights of Columbus Fish Fry at K of C Hall (1867 Washington St.)
- 5:30 pm Evening Prayer and Reflection with Ed Glowienka
- 6:00 pm Soup and Bread

### Tuesday March 18th

- 5:30 pm Communal Penance

### Monday March 24th

- 6:30 pm Talk with Joe Moriarty

### Friday March 28th

- 5:00pm Knights of Columbus Fish Fry at K of C Hall (1867 Washington St.)

### Friday April 4th

- 5:30 pm Evening Prayer and Reflection with Jeanette Fregulia
- 6:00 pm Soup and Bread

### Saturday April 5th

- 1:00 pm– 3:00 pm Parish Communal Service Day at Good Samaritan Ministries

### Friday April 11th

- 5:30 pm Living Stations of the Cross
- 6:00 pm Soup and Bread
- 5:00 pm Knights of Columbus Fish Fry at K of C Hall (1867 Washington St.)

### Thursday April 17th

- 7:00 pm Holy Thursday Mass of the Lord's Supper

### Friday April 18th

- 12:10 pm Stations of the Cross
- 5:30 pm Passion Liturgy

### Saturday April 19th

- 9:30 am Morning Prayer
- 8:30 pm Easter Vigil

### Sunday April 20th

- 8:00 am Easter Day Mass
- 10:30 am Easter Day Mass

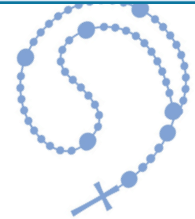


# SAINT FRANCIS PEACE THROUGH JUSTICE MINISTRY

## MORE Words of St. Teresa of Calcutta

~ May They Inspire Our Lives ~

Have you read St. Teresa's words in the last bulletin? Please consider her words from both bulletins and take time to visit the St. Teresa of Calcutta display which honors her in the Gathering Space! Thank you!



### On Love:

**If you judge people you have no time to love them.**

Every time you smile at someone, it is an action of love, a gift to that person, a beautiful thing.

Love is a fruit in season at all times and within reach of every hand.

The hunger for love is much more difficult to remove than the hunger for bread.

### On Prayer and Action:

**I can do things you cannot; you can do things I cannot. Together we can do great things.**

Prayer is not asking. Prayer is putting oneself in the hands of God, at his disposition, and listening to His voice in the depths of our hearts.

Discipline is the bridge between goals and accomplishments.

I used to believe that prayer changes things, but now I know that prayer changes us, and we change things.

### On Living our lives:

**Be faithful in small things because it is in them that your strength lies.**

We must know that we have been created for greater things, not just to be a number in the world, not just to go for diplomas and degrees, for this work or that. We have been created in order to love and be loved.

Never worry about numbers. Help one person at a time and always start with the person nearest you.

People are unrealistic, illogical, self-centered. **Love them anyway.**

*St. Francis Peace Through Justice Ministry*

Quotes gathered from: <https://www.catholic.org/clife/teresa/quotes.php>

<https://blogs.glowscotland.org.uk/ed/turnbullvva/quotes-from-mother-teresa/> <https://www.nationalshrine.org/blog/10-inspiring-quotes-from-mother-teresa/>



# SAINT MARY CARE FOR CREATION MINISTRY

## YOUR LENTEN CHALLENGE FOR 2025

Read on for your challenge, but first a tale of two t-shirts, and other facts:

Here are all the resources it takes just to produce one cotton t-shirt and one polyester t-shirt:

- For each shirt, another half a shirt worth of material is discarded.
- It takes **157 gallons of water** to make a polyester shirt. A cotton shirt takes **1,019 gallons of water** to grow and process the cotton material.
- The threads for the polyester shirt are made from **1.5 cups of crude oil**. The equipment that processes the cotton shirt burns the fossil fuels equivalent to **nearly a gallon of oil**.
- The cotton threads need about **1/2 cup of fertilizers and pesticide** to grow.
- Making these two shirts produces about **37 pounds of greenhouse gas emissions**.
- If you wash the polyester shirt every two weeks, it will release roughly **1 million microplastic fibers every year**.<sup>(1)</sup>



These are the numbers for **TWO** t-shirts----take a minute to imagine a billion shirts. **One billion. 1,000,000,000** t-shirts. That number is entirely possible because it is estimated that the fashion industry worldwide now produces one hundred billion pieces of clothing each year.<sup>(1)</sup> With 8 billion people on our planet, that would be an average of 12 new articles of clothing for EVERY person, EVERY year. When you picture the half of the world's population that doesn't have the resources or access to buy even one new outfit a year, you can do the math. In wealthier countries among wealthier people, the average could be more like 24, or 36, or 48 pieces of clothing per person purchased every year. And much of last year's purchases end up in the landfill because they are oh, so out of style this year. In fact, in our country alone in 2018 we discarded 34 billion pounds of textiles.<sup>(1)</sup> Stop to think and wonder how much of that came from your household.

1. Celeste Meiffren-Swango and Louis Sokolow, "[The high cost of fast fashion](#)," Environment America, November 22, 2023.

### **SO----your challenge:**

For these 40 days of Lent, resolve not to buy **any** new clothing. Nothing. Not the sweater you have hoped would go on sale...not the trendy, very "in" blue jeans your teenager can't live without...not a new pair of shoes because your old ones are....old. Then--and even more important--make a plan for the future. Check your closet to see what clothing is in perfectly good shape and can be worn for many years to come. See what might require just a little mending to be good for many more years. Continue into the rest of the year your resolve not to make new purchases while you still have something very wearable. Close your mind and your heart to the continual ads that tell you "*Buy Now! New Season, New Look! Cool Vibes for the New Season!*" Be the one to make styles from 2015 (or 2005) trendy again.

**Together we can make protecting our planet the fashionable thing to do.**

*Lord, as we celebrate the Tenth Anniversary Year of Laudato Si' let us cherish your beautiful creation and hold Pope Francis in our prayers.*

Article Compiled/written by Saint Mary Care for Creation Ministry

The Diocese of Helena has received notice that an individual is representing himself as a priest exorcist around the Conrad, MT, area. He goes by the name of Father Christopher Rich and claims to be a Roman Catholic priest. He has been seen wearing clerical attire and has posted on social media his "regular communication with the Vatican" and plans to start his own church to have Mass, counseling, house blessings, and exorcisms.

As the safety of our people is of greatest importance, this memo serves to inform all the faithful that this man is not a Roman Catholic priest and has no authority whatsoever from the Diocese of Helena.

While we have no reason to believe this person is dangerous, their claims warrant healthy suspicion. Please exercise caution in any encounters with this individual especially when considering those in your family or community who may be vulnerable or easily influenced by questionable authority figures. For the spiritual well-being of the faithful, we strongly caution against engaging with this individual in any religious or sacramental context.



As steadfast and long-term supporters of Family Promise of Greater Helena, we invite you to our annual Comfort Food Challenge on Sunday, March 23rd from 3:00 pm to 6:00 pm at the Lewis and Clark Fairgrounds.

Our many supporting churches and local restaurants and food trucks will offer attendees samples of their comfort food contest entries. There will be a silent auction of donated items and raffle baskets and scrumptious homemade desserts will be available for purchase.

Cost of entry is \$25 per person and \$45 per family.

Tickets will be available after Masses in the Gathering Space on the weekends of March 15-16 and March 22-23 from Saint Mary's Volunteer Coordinators. Also at Birds and Beasleys, the Blackfoot River Brewing Company, and Myrna Loy, or at the door the day of the Challenge. Thank you for your support!

In addition to attending the event, we encourage you to consider donating silent auction items from your small business or side hustle.

Contact [director@familypromisehelena.org](mailto:director@familypromisehelena.org) if you have an auction item to donate or have questions.

***Parish Diversity Celebration honors***  
**SAINT MOTHER TERESA OF CALCUTTA**  
**and the Most Vulnerable Among us**  
**The Letters**

*The Letters* is an inspirational film chronicling the Jesus-centered life, deep faith journey and selfless service to the poorest of the poor of Saint Mother Teresa of Calcutta as told through her personal letters.

**Film Showing and Discussion facilitated by Dawn Brannman**

Part I Thursday March 20, 2025 1:00-2:30 Social Center

Part II Thursday March 27, 2025 1:00-2:30 Social Center

The film is also available on Amazon.

**A RECOMMITMENT TO END HUNGER**

Since 1975, Catholics across the United States have come together each Lent to respond to global hunger through the CRS Rice Bowl program. Learn how people like you have made a local and global impact on the lives of our sisters and brothers in need and why our prayers and almsgiving are still needed today. During this holy season, let us recommit to sharing bread for life with our global family so that all people can reach their God-given potential. Visit [crsricebowl.org/week-1](http://crsricebowl.org/week-1) to read this week's Story of Hope.

**PAYING IT FORWARD AS A LEAD MOTHER IN NIGERIA**

In Nigeria, over 25 million people are experiencing extreme food insecurity due to climate change, poverty and conflict. Because of violence in their hometown, Amina and her family were forced to flee and start life over again in a new village. Learn how Amina's participation in a Catholic Relief Services program helped her prepare nutritious meals for her family and support other families in her community to overcome the challenges of hunger and malnutrition. Visit [crsricebowl.org/week-2](http://crsricebowl.org/week-2) to read this week's Story of Hope.

# Fish Fry



Knights of  
Columbus

Friday March 14, 28, April 11 2025

5pm-7pm

KC Hall - 1867 N. Washington St - Behind Pomp's Tire



**\$15 a plate for fresh fish (Cod), coleslaw and potatoes**

**Homemade Clam Chowder \$6 - Mac & Cheese \$4**

**Bring a non-perishable food item for Helena Food Share**

**Coffee, Soda, Beer, Wine & Mixed Drinks available**

**OPEN TO THE PUBLIC!**

*"Kindness Makes Miracles"*

The Helena Knights of Columbus Council #844, cordially invites you to our annual Lenten Fish Frys. Our legendary dinners of fresh cod, potatoes, coleslaw will be offered at the same price we had last year, \$15 a plate. We will also serve clam chowder and macaroni and cheese. The dates are all on Fridays, March 14<sup>th</sup>; March 28<sup>th</sup>; and April 11<sup>th</sup>. The Knights of Columbus Hall is located at 1867 Washington Street in Helena. Please come and support our many programs in the community like "Kindness Makes Miracles".

# Western Montana Catholic Women's CONFERENCE

*"COME TO ME"* MATTHEW 11:28



*Mother Mary  
Maximilian*



*Paula  
Umaña*



*Elza  
Spaedy*

## *New Life*

**Friday, April 4, 2025 ~ Cathedral of St. Helena**

5:30 pm Stations of the Cross & The Rosary, followed by Soup & Bread  
All are welcome

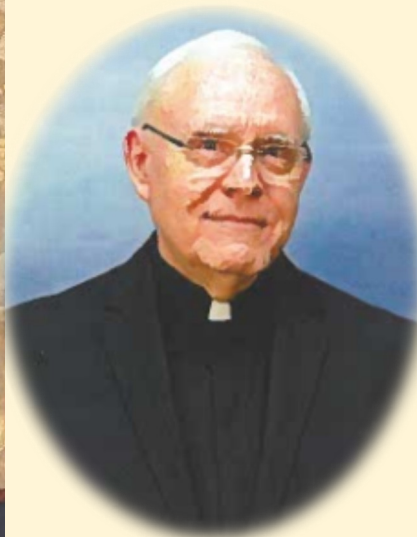
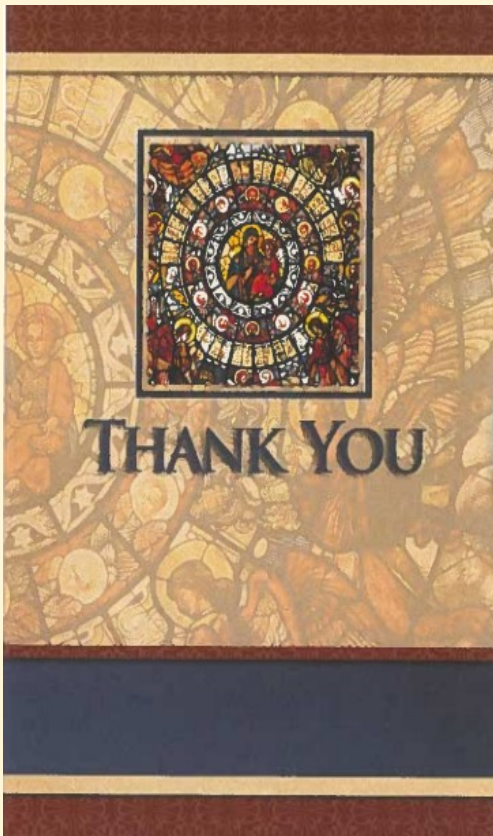
**Saturday, April 5, 2025 ~ 7 am check-in**

**Women's Conference, Speakers,  
Confessions, Vendors, Fellowship**

*Helena Civic Center*

*visit* **HelenaCWC.org**





Just knowing the *Countless*  
ways our family & friends  
are with us, makes the way easier.

## THANK YOU

*Thank you so much for  
all the Masses being said  
for John. That means so  
much to our family. And for  
welcoming John into your  
community. He often talked  
of St. Mary's. He loved seeing  
there. Thanks also for all  
your prayers.*

*Howard & Family  
Kathy & Family  
Tom & Family  
Rita*

### For Carroll College:

That the Holy Spirit may continue to guide our diocesan college through this season of transition as it seeks a new president. May God be with Carroll College throughout the search process—blessing those discerning to apply and those entrusted with welcoming the next leader, including faculty, staff, board members, and students. Grant wisdom to the search committee, and remain present with Carroll, as You have been throughout its history, so that it may shine as a beacon of faith and learning for our diocese and beyond.

*Let us pray to the Lord.*

Please join the Helena Journey Community for our monthly "Gathering" on Tuesday, March 18th. Our featured speaker is Dermot McCaughan who is in the Deaconate program for our diocese. The Gathering is held Saint Mary Catholic Community at 7:00 PM in the social center. All are welcome to attend.

LoveEd is a parent-guided, age-appropriate, gender-specific program that teaches children about God's plan for life, love, sexuality, and purity. It equips parents to have positive, life-changing conversations with their kids. LoveEd consists of a Parent Training Event where parents will be educated on the most important aspects of God's plan for their children for life and love, followed by age- and gender- specific sessions for parents and children.

Through engaging video and profound written materials, LoveEd empowers parents to teach both the theology and science of human sexuality within the context of God's plan for love and life. It helps young people discover the beauty and the purpose of their sexuality, which is fully articulated in Catholic teaching. LoveEd doesn't just teach the facts of life, but the meaning of life.

We are thrilled to provide this program to assist you—the primary educators—to guide and inform your children accurately, fully and lovingly.

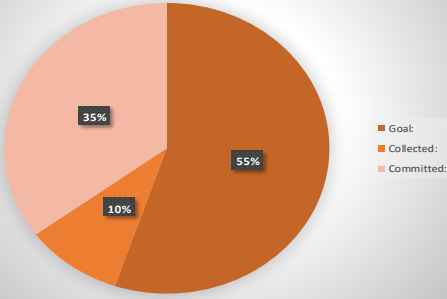
We will begin with a Parent Training Event (for parents of children ages 2-14) on Mon 3/31 from 6-8 pm in the Brondel Center at Cathedral of St. Helena.

Followed by sessions for both parents and children beginning on April 22nd (parents and kids aged 9-11) and April 29th (parents and kids aged 11-14) from 6-8 pm in St. Andrew Warren Campus classrooms.

For more info contact Adina Timmerman at 701-226-5682 or email [adina.timmerman@gmail.com](mailto:adina.timmerman@gmail.com) or Becky Cobb at 406-594-5565 or [rebecca.cobb11@gmail.com](mailto:rebecca.cobb11@gmail.com).

Information for book ordering at the Parent Training Event. Sponsored by St. Andrew School.

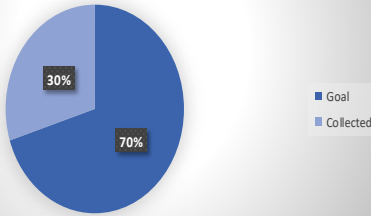
**Because He First Love Us  
Capital Campaign**



<b>Goal:</b>	<b>\$837,378.00</b>
<b>Collected:</b>	<b>\$147,739.00</b>
<b>Committed:</b>	<b>\$532,896.00</b>

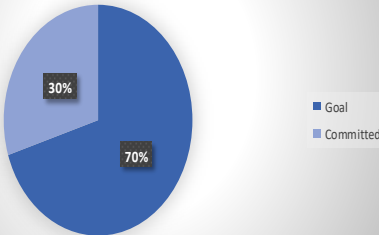


**The Joy of Hope, ACA 2024-25  
84 Donors with Commitments**



<b>Goal</b>	<b>\$89,600.00</b>
<b>Collected</b>	<b>\$38,185.00</b>

**The Joy of Hope, ACA 2024-25  
\$38,185 committed of \$89,600 Goal**



<b>Goal</b>	<b>\$89,600.00</b>
<b>Committed</b>	<b>\$38,185.00</b>

**Parish Support**

*Easing the load on our Parishes with Human Resource Services, Catholic Communications and Safe Environment Training.*



\$20,000  
Goal  
\$15,844  
Raised

**Mark Your Calendars!**

- ◆ **Sunday March 9th:** 8:00 am Mass; 10:30 am Mass; 9:15 am-10:20 am First Communion; *No Children's Liturgy of the Word*
- ◆ **Monday March 10th:** No Mass; 9:45 am Prayer Group; 1:00 pm-2:00 pm Grief Group; 5:30 pm OCIA
- ◆ **Tuesday March 11th:** 6:45 am Men's Prayer Group; 12:10 pm Mass; 6:30-8:00 pm Jubilee Night of Prayer
- ◆ **Wednesday March 12th:** 12:10 pm Mass; 3:45 pm RE; 3:30 pm-5:00 pm Confessions; 3:45 pm RE; 6:30 pm Youth Group
- ◆ **Thursday March 13th:** 12:10 pm Mass; 5:00 pm Choir
- ◆ **Friday March 14th:** 11:00 am Mass at Touchmark; Evening Prayer; 6:00 pm Soup and Bread
- ◆ **Saturday March 15th:** 3:00 pm-4:00 pm Confessions; 4:30 pm Mass; 4:30 pm OCIA Penitential Rite
- ◆ **Sunday March 16th:** 8:00 am Mass; 10:30 am Mass; 9:15am-10:15 am Confirmation with Sponsors; 10:30 am Children's Liturgy of the Word
- ◆ **Monday March 17th:** No Mass; 6:45 am Prayer Group; 1:00 pm Grief Group; 2:00 pm-4:00 pm Book Club; 5:30 pm OCIA
- ◆ **Tuesday March 18th:** 6:45 am Men's Prayer Group; 12:10 pm Mass; 5:30 pm Communal Penance
- ◆ **Wednesday March 19th:** 12:10 pm Mass; 3:45 pm RE; 3:30 pm-5:00 pm Confessions; 3:45 pm RE; 6:30 Youth Group
- ◆ **Thursday March 20th:** 12:10 pm Mass; 10:00 am-3:00 pm Quilters; 5:30 Choir
- ◆ **Friday March 21st:** 10:30 am Mass at Cooney
- ◆ **Saturday March 22nd:** 3:00 pm-4:00 pm Confessions; 4:30 pm Mass



**The Jubilee Prayer**

Father in heaven,  
may the *faith* you have given us  
in your son, Jesus Christ, our brother,  
and the flame of *charity* enkindled  
in our hearts by the Holy Spirit,  
reawaken in us the blessed *hope*  
for the coming of your Kingdom.

May your grace transform us  
into tireless cultivators of the seeds of the Gospel.

May those seeds transform from within both humanity and the whole cosmos  
in the sure expectation  
of a new heaven and a new earth,  
when, with the powers of Evil vanquished,  
your glory will shine eternally.

May the grace of the Jubilee  
reawaken in us, *Pilgrims of Hope*,  
a yearning for the treasures of heaven.

May that same grace spread  
the joy and peace of our Redeemer  
throughout the earth.  
To you our God, eternally blessed,  
be glory and praise for ever.

Amen.

*Franciscus*

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THE BANK.**



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OF COLUMBUS  
COUNCIL 844**

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*The Helena We Adore Him Team*

invites you to spend a  
Holy Hour with Jesus each week! Here's  
how:



1. Sign up for a free account at:  
[HelenaWeAdoreHim.com](http://HelenaWeAdoreHim.com)
2. Choose the hours you would like to pray at Trinity Chapel on the Carroll College campus from 5AM to 10PM.
3. Make changes or find a substitute at the same website.
4. Need two adorers scheduled per hour so that Jesus is protected and never left alone, so **SPREAD THE WORD!!!**

Jesus wants to spend more time with you...  
**SIGN UP TODAY!!!**

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**We Pray for all those serving in the Military**

Natasha Walker	Nathan Mill
Marcus Peter	Christopher Casne
Andrew Welch	Tyler Eierdam
Ed Eve, Jr	Colby Smith
Jack Cotter	Cody Gleich
David Beatty	Andrew McGuffey
Jackson Haddon	Nicholas T Nelson
Stephen Ceo	Tristan Anne Driessen
Lucas Robson	Daniel Mattingly

*By the grace of God may peace reside in every human heart and in all the world. If you would like to add or remove a name, please call the Parish Office on 406-442-5268.*

**SEMINARIANS**

FOR THE DIOCESE OF HELENA

2024-2025

Den. Dillon Armstrong	Carter Anderson
Shae Bills	Matt Keck
John Cooney	Anthony Olmes
Riley Helgoe	James Semling
Carson Gorton	Kaleb Mitchell
Jake Smith	Brett Rotz
Jamie Severson	

-Please Continue to pray for our Seminarians-

If you would like to sponsor the bulletin, please contact Joanna Haddon at 406-442-5268, ext. 104.  
Thank you to all our sponsors, we appreciate your sponsorship!